

Sample Pattern

Please use the following as a guideline for how to format your document.

Font: Times New Roman, 12 pt.

Icy Pink Vest
By Arenda Holladay

Weight of Yarn: 4 Medium
Skill Level: Easy

Beyond the Pattern

I designed a vest for the February-April 2009 issue of *Cast On* as an online extra for the Fashion Framework series. It never occurred to me that knitters would use this pattern for the Level 2 requirement since the recommended DK tweed yarn wasn't suitable for the program. Over the years, several errors and inconsistencies have been pointed out. I have wanted to update this pattern for some time and now I can! I've fixed the inconsistencies and I've chosen one of my favorite 100% worsted wool in a light color.

While I was at it, I updated a few more things. The neck and armhole openings are deeper, it is longer and I added an additional size.

Sizes

XS (S, M, L, 1X, 2X)

Finished Measurements

Chest: 29 (33, 37, 41, 45, 49)"

Length: 22 (23, 24, 25, 26, 27)"

Materials

Stonehedge Fiber Mill SHEPHERD'S WOOL (4oz, 250yds, 100% Worsted Spun Fine Wool): 2

(2, 3, 3, 4, 4) skeins Baby Pink

Size 7 (4.75mm) needles

Size 8 (5mm) needles or size needed to obtain gauge

Cable needle

Stitch markers

Tapestry needle

Gauge

In St st, 20 sts & 28 rows = 4"/10cm. To save time, take time to check gauge.

Abbreviations

c2 over 2 right – Slip 2 sts to cn, hold to back, k2, k2 sts from cn.

c2 over 2 left – Slip 2 sts to cn, hold to front, k2 sts from cn, k2.
c2 over 1 left p – Slip 2 sts to cn, hold to front, p1, k2 sts from cn.
c2 over 1 right p – Slip 1 st to cn, hold to back, k2, p1 st from cn.

Circle Cable Pattern
See Chart.

DESIGNER NOTE – Rib Pattern: The vest has 1.5" in K2P2 ribbing at the bottom. To maintain this pattern when the front is seamed to the back, it is necessary to add two additional stitches for the seam allowance and to establish the ribbing pattern in a very specific way. When the front is seamed to the back, the seam will be in the “ditch” between the column of knit stitches and purl stitches. The two extra stitches are included in the total number of stitches to cast on. The long-tail cast on is recommended as it provides a stable yet elastic edge. Since the long tail cast on creates the first row of stitches, and the smooth side of the cast on is used for the RS, the first row will be the WS.

Back

Using smaller needles and the long-tail CO technique, CO 76 (84, 92, 100, 108, 116) sts.

Row 1 (WS): P1,*k2, p2; rep from * to last 3 sts, k2, p1.

Row 2 (RS): K1, *p2, k2; rep from * to last 3 sts, p2, k1.

Rep Rows 1 and 2 until piece meas 1.5" ending on WS.

Using larger needles, beg St st and inc/dec -4 (-2, 0, +2, +4, +6) sts evenly spaced across first row – 72 (82, 92, 102, 112, 122) sts. Cont even until the piece meas 13 (13.5, 14, 14.5, 15, 15.5)” ending on a WS row.

TECHNICAL TIPS – Shaping the Armholes: Once the body of the vest has been knit to desired length to the armholes, the armholes can be shaped. This is done by first binding off stitches at both sides and then by making decreases. If these decreases are made in the first and last stitches, it will be difficult to pick up stitches for the armhole band. In this pattern, there are *two* stitches *before* the decreases at the right edge and *two* stitches *after* decreases at the left side.

The decreases should be mirrored on the armholes. This means that the decreases at each side slant in the opposite direction. Most patterns call for “blended” decreases. Blended decreases slant in the same direction as the shaping. SSK decreases are used at the right edge and k2tog decreases are used at the left edge.

Shaping the Armholes

BO 5 sts at beg of next 2 rows, 3 sts at beg of next 2 rows – 56 (66, 76, 86, 96, 106) sts.

Dec Row: K2, ssk, work in pat as est to last 4 sts, k2tog, k2. Rep Dec Row *every* RS row 4 times more (a total of 5 times). Then rep Dec Row *every other* RS row 3 times – 40 (50, 60, 70, 80, 90) sts. Work in pat as est until armholes meas 9 (9.5, 10, 10.5, 11, 11.5)”. BO.

DESIGNER NOTE–Rib Pattern and Establishing the Cable Pattern: As for the Back, the ribbing

pattern must be set up in a specific way to ensure that the rib pattern is maintained over the seams. The cable pattern is also established in the ribbing. Since the cable pattern is worked only on the center 22 stitches, markers are placed to separate these stitches.

Front

Bottom Ribbing--Using smaller needles and the long tail technique, CO 76 (84, 92, 100, 108, 116) sts.

Row 1 (WS): P3,*k2, p2; rep from * to last 3 sts, p3.

Row 2 (RS): K3, *p2, k2; rep from * to last 3 sts, k3.

Row 3: Working in pat as est, work 27 (31, 35, 39, 43, 47) sts, pm, work 22 sts in pat as est, pm, work to end of row.

Row 4: Work Row 1 of Circle Cable Chart on center 22 sts.

Work in pat as est and work sts from Circle Cable Chart until piece meas 1.5" ending on WS.

Using larger needles, while maintaining Circle Cable pat on center stitches, work in St st and inc/dec -2 (-1, 0, +1, +2, +3) sts evenly along *each* side of front – 72 (82, 92, 102, 112, 122) sts. Work even until the piece meas 13 (13.5, 14, 14.5, 15, 15.5)" ending on a WS row.

DESIGNER NOTE – Shaping the Armholes and the Neckline: The armholes for the Front are shaped as for the Back but it is necessary to shape the neckline at the same time. The four center stitches are worked separately. Decreases are then worked at the armhole edge side of the cables. Some knitters work one side of the neckline first but most knitters find it easier to attach a second ball of yarn. The pattern is written for working both sides at the same time. Once you divide the stitches, the working yarn cannot be carried from side to side. A new ball of yarn must be attached. Each row indicates what you do for both sides. The “Left” and “Right” refer to the vest as worn, not as you look at it while knitting.

TECHNICAL TIP: If you have difficulty “reading” your work, that is identify the decreases, you may want to place a safety pin or some other type of row marker to indicate where the decreases are made. Some of the decreases are made *every* RS row while others are made *every other* RS row. The markers will make it easier to count them.

Shaping the Armholes and Neckline

Row 1 (RS): BO 5 sts. Work in pat as est through the first 9 sts of the Circle Cable chart, BO 4, work in pat as est to end of row.

Row 2 (WS): Right Side of Vest – BO 5 sts. Work in pat as est to end of row.

Left Side of Vest – Attach new ball of yarn. Work in pat as est to end of row.

Row 3: Left Side of Vest – BO 3 sts. Work in pat as est to 2 sts before marker, k2tog. Work in pat as est to end of row. Right Side of Vest – Work the cable pat as est, ssk, work in pat as est to end of row.

Row 4: Right Side of Vest – BO 3 sts. Work in pat as est to end of row. Left Side of Vest – Work in pat as est to end of row.

Row 5: Left Side of Vest – K2, ssk, work in pat as est to 2 sts before marker, k2tog. Work in pat as est to end of row. Right Side of Vest: Work the cable pat as est, ssk, work in pat as est to last 4

sts, k2tog, k2.

Row 6: Work in pat as est for both sides.

Cont to work the armhole decs as above and dec 1 st *every* RS row 4 *more* times and then *every other RS* row 3 times. AT THE SAME TIME dec 1 st at each neck edge *every RS* row 3 (4, 4, 6, 9, 11) *more* times and then *every other RS* row 1 (5, 8, 9, 9, 10) times – 12 (12, 14, 16, 18, 20) sts rem. Work in pat as est until armholes meas 9 (9.5, 10, 10.5, 11, 11.5)". BO.

Finishing

Sew the shoulder seams and then the side seams.

Armhole Bands: Using the smaller circular needles and beg at the armhole seam, pick up a multiple of 4 sts around the armhole following the instructions above. Work K2P2 ribbing for 1". BO.

Neckband: Using the smaller circular needle and beg at the right shoulder seam, pick up a multiple of 4 sts, making sure that the center 2 knit sts line up with the knit sts in the K2P2 ribbing. Place a marker between the two center sts. Work 1 rnd in K2P2 ribbing. Dec Rnd: Work in pat as est to 2 sts before the marker, k2tog, slip the marker, ssk, work in pat as est. Rep Dec Rnd until ribbing meas 1". BO.

Block and weave in ends.